

Elgin Impact Practice Preparation and Cleanup

1. Reminder:

- a. **No spectators or visitors are allowed to be at the field watching practice.** All visitors must stay in their vehicles. The bleachers are off limits.
- b. Players must be wearing a mask when they show up and any time we cannot be 6' apart
- c. When players show up they will have their temperature taken by a contactless thermometer before they can enter the field. If their temperature is above 99.1 they will be sent home.
- d. If anyone is not feeling well, they must go home.
- e. All player equipment needs to be at least 10' apart on the fence. Please see Red Dots in picture below. All players must stay by their equipment until temp checks are complete. Coaches will do temp checks. (with masks on)



Contactless thermometers. Hold approx. 1" from forehead, hold button for 2 seconds to get a reading. Instructions are also provided on the rack in the shed.

2. Sanitizing and Cleaning Procedures <after temp check>

- a. Coaches must bring out 1 pump bottle of gel sanitizer and place it in the dug out on the bench. All coaches and players should then line up 6ft apart and enter the dugout from the outfield side and proceed through the dugout sanitizing their hands with the gel by moving traffic in one direction through the dugout to get gel hand sanitizer



- b. Players must bring their gloves, bats, batting gloves, face masks and catchers gear out with them as they will be cleaned and sanitized along with any balls, nets, tees and any other items that will be using for practice.
- c. All players should take 2 rags from the box of rags and spray the rags thoroughly along with the equipment with the sanitizing/cleansing spray



- d. Once everything is cleaned, take the liquid sanitizer and spray down all equipment without wiping it down and letting it air dry (it should take a few seconds to dry at 80% alcohol)



- e. Repeat above procedures with softballs, tee's and any other equipment being pulled from the shed.
- f. After practice is over, we will be cleaning and sanitizing everything again before the players go home for the day
- g. After each drill / station it will be required that the players to sanitize their hands as we will sanitize the softballs as well – please follow procedures above
- h. If anyone is seen by the coaching staff coughing, sneezing or licking their fingers we will halt practice so that hands can be sanitized along with the softballs to avoid contamination.

3. **Absolutely no food (unless medically necessary) or sunflower seeds are permitted moving forward**